Adverse Childhood Experiences (ACEs)
One of the greatest, most under-recognized public health crises

Traumatic events that can cause ACEs include:

**ABUSE**
- Sexual
- Physical
- Emotional

**NEGLECT**
- Physical
- Emotional
- Unmet Needs

**HOME TROUBLES**
- Divorce
- Substance Abuse
- Domestic Violence
- Parental Mental Illness

These issues carry into adulthood and can last a lifetime

- Obesity
- Substance Abuse
- Chronic Illness
- Depression
- Incarceration

ACEs are so common nearly every adult has experienced at least one

Awareness to Action:
- Promote resiliency
- Identify kids & adults at risk
- Utilize our no-cost programs
- Develop community partnerships
- Find materials & resources to cope
- Strengthen skills through our classes
- Promote social & emotional development

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