

KidsFirst Counseling and Family Resource Centers

Placer County Community Resource Guide

Children / Teen Services

- 24 Hour Parent Support Line: (888) 281-3000
- Children's Crisis Nursery: (916) 394-2000
- California Youth Crisis Line – (800) 843-5200 (24/7, 12-24years old)
- Child Protective Services – (916) 872-6549
- Child Abuse Prevention – (888) 281-3000 or (916) 875-5437

Beanstalk State Funded Child Care Program

(916) 344-6259

1771 Tribute Rd Suite A, Sacramento, CA 95815

Provide Nutritious Meals to Children in Child Care Homes. Cash Reimbursement for Child Care Providers.

Boys & Girls Club

(530) 889-2273

679 Lincoln Way, Auburn, CA 95603

A place where kids can feel safe, connect with others, and build skills and confidence.

Head Start Preschools

(530) 885-8466

173 Oak St, Auburn, CA 95603

Free program available to income eligible families.

Kids First Counseling and Family Resource Centers

Roseville Location

(916) 774-6802

124 Main St, Roseville, CA 95678

Auburn Location

(530) 887-3536

11960 Heritage Oak Pl Suite #3, Auburn, CA 95603

No cost, innovative programs that aim to empower and strengthen children and families through prevention, early detection, intervention and treatment programs.

Koinonia Family Services

(916) 652-5814

3725 Taylor Rd, Loomis, CA 95650

Crisis resolution centers for youth and adoptive/foster services.

Lincoln Lighthouse Family Resource Center

(916) 645-3300

110 Gateway Drive Suite 210, Lincoln, CA 95648

Free counseling, educational classes and programs.

North Roseville Recreation Center Inc.

(916) 789-7884

313 High St, Roseville, CA 95678

No-cost educational and creative activities in a healthy environment.

The Unity Care Group

11716 Enterprise Dr, Auburn, CA 95603

(530) 886-5473

Offers a wide range of services benefiting foster and underserved youth and families throughout Northern California.

Whole Person Learning

(530) 823-6903

11816 Kemper Rd, Auburn, CA 95603

Empowers youth and young adults to thrive in their communities.

Clothing & Furniture

Adventist Community Services

(916) 487-8684 ext. 117

4683 Pasadena Ave, Sacramento, CA 95841

Community outreach agency of the 7th Day Adventist church.

Bayside Church in Partnership with the Salvation Army

(916) 791-1244

8191 Sierra College Blvd, Roseville, CA 95661

Ministry in Placer County.

St. Vincent De Paul

(916) 781-3303

503 Giuseppe Ct, Roseville, CA 95678

Charity organization that helps improve the quality of life of people and families in need

Orangevale 7th Day Adventist

(916) 967-2838

5810 Pecan Ave, Orangevale, CA 95662

Ministry in Placer County.

Counseling / Mental Health

- Mental Health Emergency – Placer County (888) 886-5401

Kids First Counseling and Family Resource Centers

Roseville Location

(916) 774-6802

124 Main St, Roseville, CA 95678

Auburn Location

(530) 887-3536

11960 Heritage Oak Pl Suite #3, Auburn, CA 95603

No cost, innovative programs that aim to empower and strengthen children and families.

Pacific Educational Services

(530) 888-1010

11837 Kemper Rd # 2, Auburn, CA 95603

Provides educational workshops in such topics as alcohol and drug use, life skills, anger management, and theft.

Stand Up Placer

(916) 773-7273

775 Sunrise Ave #160, Roseville, CA 95661

Dedicated to saving lives by empowering and protecting survivors and educating communities about how to stand up to domestic violence and sexual assault.

Sierra Mental Wellness Group

Roseville Location

(916) 783-5207

406 Sunrise Ave #300, Roseville, CA 95661

Auburn Location

(530) 885-0441

560 Wall St d, Auburn, CA 95603

Assisting people with mental health needs in Placer County for over 40 years.

Domestic Violence / Child and Elder Abuse

- Stand Up Placer – 24 HOUR CRISIS COUNSELOR: (800) 575-5352
- Senior or Dependent Adult Abuse – (916) 874-9377
- Domestic Violence – (916) 872-6549
- Adult and Crisis Intake 888-886-5401 or 916-787-8860
- Institute on Aging/ Friendship Line 800-971-0016

Kare Crisis Nursey

(530) 265-6520

15649 Ridge Estates Rd, Nevada City, CA 95959

Provides care and support to children and families through emergency child care and supervised visitations

Sacramento Crisis Nursery

(916) 679-3600

4533 Pasadena Ave, Sacramento, CA 95821

Program provides free emergency childcare for children age 0-5, as well as case management services for families during a crisis.

Stand Up Placer

(916) 773-7273

775 Sunrise Ave #160, Roseville, CA 95661

Dedicated to saving lives by empowering survivors and educating communities about how to stand up to domestic violence and sexual assault.

The Center for Violence-Free Relationships

(530) 626-1450

344 Placerville Dr #11, Placerville, CA 95667

Provides help for people dealing with domestic abuse.

Victims of Crime Compensation

(800) 777-9229

400 R St, Sacramento, CA 95811

Assistance in seeking compensation and counseling for victims of crime.

W.E.A.V.E. Women Escaping a Violent Environment

(916) 448-2321

1900 K St #200, Sacramento, CA 95811

The primary provider of crisis intervention services for survivors of domestic violence and sexual assault in Sacramento County.

Substance Abuse

- Substance Abuse Emergency/Alcohol & Drug Treatment Service – (530) 889-7240x7218
- Substance Abuse CRISIS HOTLINE: (916) 787-8860

AA – Alcoholics Anonymous

(916) 454-1771

9960 Business Park Dr # 110, Sacramento, CA 95827

AI- ANON

(530) 268-4558

175 Joerschke Dr # K, Grass Valley, CA 95945

Help for families and friends of alcoholics.

Alpha Oaks Recovery for Women

(916) 944-3920

8400 Fair Oaks Blvd, Carmichael, CA 95608

Provide comprehensive alcohol and substance abuse treatment to women struggling with chemical dependency issues.

Acres of Hope

(530) 878-8030

13675 Bowman Rd, Auburn, CA 95603

Provides a safe family environment and a healthy living program for women with children

Bayside Church 12 Step Recovery

(916) 791-1244

8191 Sierra College Blvd, Roseville, CA 95661

Support group offered through local church.

Clean & Sober Living Transitional Living

(916) 961-2691

8938 Madison Ave, Fair Oaks, CA 95628

A community of adults who share the intention of achieving long-term freedom from drugs and alcohol.

Gateway Recovery House for Women

(916) 451-9312

4049 Miller Way, Sacramento, CA 95817

Dedicated to providing quality residential recovery home services to women seeking recovery from the disease of alcoholism

Granite Wellness Centers

(916) 782-3737

730 Sunrise Ave Ste 201, Roseville, CA 95661

Outpatient services for substance abuse treatment.

Hope, Help & Healing

(530) 885-4249

11960 Heritage Oak Pl # 20, Auburn, CA 95603

Residential center in Auburn that uses a faith-based program for recovery.

Mather Community Campus

(916) 228-3100

3587 Bleckely St, Mather, CA 95655

A 12-month employment and rehabilitative transitional housing program.

Mercy Multiplied

(916) 644-9600

Lincoln Airpark Dr, Lincoln, CA 95648

Faith based residential recovery program.

Perinatal Substance Abuse Program

Placer County Adult System of Care

530-889-7240

This program provides substance use services for mothers and mothers-to-be who want a clean and sober life.

Placer County Adult System of Care

Substance Abuse Services

(530) 889-7240

11512 B Ave, Auburn, CA 95603

Assists adults and older adults achieve their optimal level of self-sufficiency and independence

Powerhouse Ministries

(916) 983-0658

311 Market St, Folsom, CA 95630

Non-profit serving individuals in crisis.

Sierra Mental Wellness Group

(916) 783-5207

406 Sunrise Ave #300, Roseville, CA 95661

Assisting people with mental health needs in Placer County for over 40 years.

Teen Challenge

(916) 645-3807

300 Stardust Ln, Lincoln, CA 95648

Helps individuals trapped in addiction.

Suicide Prevention

- **24 Hour Suicide Prevention Hotline**
 - English 800-273-8255
 - Spanish 888-628-9454
 - Veteran's 800-784-2433
 - Trevor Lifeline (LGBTQ Youth) 866-488-7386
- WellSpace 24hr Suicide Prevention Hotline: (916) 368-3111

JJs Hello Foundation

(916) 247-3893

8536 Cord Way #5851, Sacramento, CA 95828

Foundation created in JJ's honor to help prevent adolescent suicide.

National Alliance on Mental Illness

(916) 364-1642

3440 Viking Dr #104A, Sacramento, CA 95827

NAMI exists to better the lives of those effected by mental illness.

Children/ Teens

24 Hour Child and Teen Help 800-852-8336

California Youth Crisis Line – (800) 843-5200 (24/7, 12-24years old)

Child/Family Crisis/Intake 866-293-1940 or 916-872-6549

Crisis Resolution Center 866-251-7584

24 Hour Parent Support Line 888-281-3000

Adults/ Older Adults

Adult and Crisis Intake 888-886-5401 or 916-787-8860

Emergency Housing Gathering Inn (Roseville) 530-885-8108

Institute on Aging/ Friendship Line 800-971-0016

Employment

Adecco Employment Services

(530) 273-7633

452 Brunswick Rd, Grass Valley, CA 95945

Industrial and warehouse employment opportunities.

Appleone Temporary and Full Time

(916) 782-0632

3300 Douglas Blvd Suite 170, Roseville, CA 95661

Short and long term hiring solutions.

Bayside Church Career Coaching

(916) 791-1244

8191 Sierra College Blvd, Roseville, CA 95661

Equips job-seekers with tools needed to land a job.

CalWORKs

(916) 484-8059

4700 College Oak Dr, Sacramento, CA 95841

Public assistance program that provides cash aid to eligible families with children.

Golden Sierra Job Training

(916) 746-7722

115 Ascot Dr # 100, Roseville, CA 95661

Free resources to job seekers in Placer county.

Pacific Staffing

(916) 925-2300

8795 Folsom Blvd Suite 106, Sacramento, CA 95826

Provides temporary staffing, recruiting, and employment services.

Family Planning / Assistance

Alternates Pregnancy Resource Center

(916) 880-4040

1111 Howe Ave #610, Sacramento, CA 95825

Dedicated to meeting the needs of women facing unwanted pregnancies.

Planned Parenthood

(916) 781-3310

729 Sunrise Ave Suite 900, Roseville, CA 95661

Nonprofit organization that provides sexual health care.

Sacramento Life Center

(916) 451-4357

2316 Bell Executive Ln, Sacramento, CA 95825

Provides a safe place for women and men facing unplanned or unsupported pregnancies.

Food

Adventist Community Services

(916) 487-8684 ext. 117

4683 Pasadena Ave, Sacramento, CA 95841

Community outreach agency of the 7th Day Adventist church.

CalFRESH

(916) 874-3100

2700 Fulton Ave, Sacramento, CA 95821

Nutrition assistance for low-income people.

Elijah's Jar

(530) 367-3085

24617 Foresthill Rd, Foresthill, CA 95631

Year round food closet in Forest Hill.

Interfaith Food Closet

(530) 885-1921

12972 Earhart Avenue #301, Auburn, CA 95602

Foodbank by local ministry.

Placer County Food Bank

(916) 783-0481

8284 Industrial Ave, Roseville, CA 95678

Providing food to those in need.

Salt Mine

(916) 645-3778

590 G St, Lincoln, CA 95648

Food rations as well as emergency food boxes available.

Salvation Army

(916) 784-3382

100 Lincoln St, Roseville, CA 95678

Emergency assistance for low-income people.

St. Vincent De Paul

(916) 485-3482

3100 Norris Ave, Sacramento, CA 95821

Charity organization that helps improve the quality of life of people and families in need.

WIC – Women, Infants & Children

(916) 326-5830

3628 Madison Ave #16, North Highlands, CA 95660

Provides federal grants to states for supplemental foods, health care referrals, and nutrition education.

WWJD Inc. Mobile Food Van

(916) 786-9953

503 Giuseppe Ct # 8, Roseville, CA 95678

Volunteer-ran food truck that provides meals to those in need.

Foster / Adoptive Care

Koinonia Family Services

(916) 652-5814

3725 Taylor Rd, Loomis, CA 95650

Crisis resolution centers for youth and adoptive/foster services.

Triad Family Services

(916) 572-7157

2211 Park Towne Cir #2, Sacramento, CA 95825

Provides foster care and adoption services in Sacramento.

Health & Dental Services

California Children's Services

(530) 621-6128

929 Spring St, Placerville, CA 95667

CCS is for children with certain diseases or health problems.

Covered California

(800) 300-1506

1601 Exposition Blvd, Sacramento, CA 95815

Subsidized healthcare for those who qualify.

Chapa De Dental

(530) 887-2800

11670 Atwood Rd, Auburn, CA 95603

Accepts Medi-cal.

Lion's Club

(916) 723-4239

7521 Community Dr, Citrus Heights, CA 95610

Volunteers working together to meet the needs of the community.

St. Vincent De Paul Medical

(916) 481-7113

2428 Bell St, Sacramento, CA 95825

Charity organization that helps improve the quality of life of people and families in need.

Planned Parenthood

(916) 781-3310

729 Sunrise Ave Suite 900, Roseville, CA 95661

Nonprofit organization that provides sexual health care.

Western Sierra Medical Clinic

(530) 537-3000

12183 Locksley Ln #106, Auburn, CA 95602

Federal Public Health Service. (PHS)

Homeless Resources

Any 3-day notice, or a 30-day notice should be treated as an EMERGENCY and LEGAL ASSISTANCE should be obtained IMMEDIATELY. Call the phone numbers below to STOP your eviction:

- Legal Help Center: 916-408-6446
- Placer County Human Services (530) 889-7610
- Placer Dispute Resolution Services: (916) 771-0108
- River City Community Services: (916) 446-2627

Acres of Hope

(530) 878-8030

13675 Bowman Rd, Auburn, CA 95603

Provides a safe family environment and a healthy living program for women with children

Advocates for Mentally Ill Housing (AMIH)

(530) 878-5088

11768 Atwood Rd, Auburn, CA 95603

Homeless Resource Hotline

Dial #211

info@211sacramento.org

Permanent and Transitional supportive housing for adults with mental illness.

The Gathering Inn

(916) 791-9355

201 Berkeley Ave, Roseville, CA 95678

Overnight shelter

The Lazarus Project

(916) 772-6833

Roseville, CA 95678

Support services in combination with affordable housing.

Housing Resources / Utility Assistance

Section 8 is the more common name for the Housing Choice Voucher Program. These vouchers are awarded to individual who meet certain income and earned income requirements. The goal of this program is to provide affordable low cost housing to low-income occupants.

Where to apply:

- Placer County Housing Authority – (530) 889-7676 11552 B Avenue, Auburn, CA 95603
- Sacramento Housing Choice Voucher – (916) 440-1390 630 I Street, Sacramento, CA 95814

• Sacramento Housing & Redevelopment Agency – (916) 444-9210 801 12th Street, Sacramento, CA 95814

American Red Cross

(916) 993-7070

1565 Exposition Blvd, Sacramento, CA 95815

Assistance with transitional housing.

Home Start

(916) 782-6667

410 Riverside Ave, Roseville, CA 95678

Transitions homeless families with children into affordable housing.

PG&E CARE Program

(800) 743-5000

1050 High St, Auburn, CA 95603

Bill assistance for qualified individuals.

Project GO

(916) 782-3443

801 Vernon St, Roseville, CA 95678

Utility Assistance

SMUD Utility Assistance

(888) 742-7683

6301 S St, Sacramento, CA 95817

Monthly utility discount for those who qualify.

Temporary Assistance for Needy Families

(530) 566-9820

1250 East Ave Suite 10, Chico, CA 95973

Temporary assistance for basic needs.

Legal Assistance & Mediation

CASA

(916) 875-6460

301 Bicentennial Cir, Sacramento, CA 95826

Court Appointed Special Advocates for youth.

Civil Self-Help Center

(916) 874-6012

609 9th St, Sacramento, CA 95814

Non-Profit law firm to help vulnerable members of the community.

Department of Fair Employment and Housing

(916) 478-7251

2218 Kausen Dr #100, Elk Grove, CA 95758

Seeks to protect Californians from unlawful discrimination.

Legal Services of Northern California

(530) 823-7560

190 Reamer St, Auburn, CA 95603

Assistance with family law, restraining orders, and more.

Parent Education

- 24 Hr Parent Support Line – (888) 281-3000

Birth & Beyond “First 5” Home Visitation

1-800-CHILDREN (Non-Emergency Line)

Multiple locations within Placer and Sacramento County

Kids First

(916) 774-6802

124 Main St, Roseville, CA 95678

No cost, innovative programs that aim to empower and strengthen children and families.

Placer County Office of Education

(530) 889-8020

360 Nevada St, Auburn, CA 95603

Placer County Safe Kids

Car Seat Check-Ups

916-772-6300

Roseville Fire Departments

Sacramento Food Bank and Family Services

Mother Baby Program

(916) 925-3240

1951 Bell Ave, Sacramento, CA 95838

Senior Adult Services

AARP Free Tax Preparation

(916) 444-9533

7375 Park City Dr, Sacramento, CA 95831

Assistance with filing taxes from 2/1 – 4/15.

Home Instead Senior Care

(530) 885-3904

457 Grass Valley Hwy Suite 4, Auburn, CA 95603

Meals on Wheels

(916) 444-9533

7375 Park City Dr, Sacramento, CA 95831

Placer County Adult System of Care (ASOC)

(530) 889-7240

11512 B Ave, Auburn, CA 95603

Respite & Recreation Program through Sutter Health

916-705-3552

Multiple locations in Auburn and Lincoln

Senior Connection

(916) 990-1317

5740 Windmill Way #8, Carmichael, CA 95608

Seniors First

(530) 889-9500

12183 Locksley Ln #205, Auburn, CA 95602

Social Services

Placer County Human Services

1000 Sunset Blvd. #220, Rocklin CA

(916) 784-6000

- Cal Works
- Food Stamps

- Housing Voucher Program
- Medical Care Services Program (MCSP)
- Medi-Cal Health Insurance
- Supplemental Security Income (SSI)

Placer County Network of Care

(888) 886-5401 or (866) 293-1904

Call for free assistance in getting connected with available resources for virtually every need.

Special Needs Services

ALTA Regional Center

(916) 437-6900

516 Gibson Dr #150, Roseville, CA 95678

Creates partnerships to support all eligible individuals with intellectual and/or developmental disabilities.

Placer County Office of Education

(530) 889-8020

360 Nevada St, Auburn, CA 95603

Resources and advocacy for those with special needs.

Placer Independent Resource Services

(530) 885-6100

11768 Atwood Rd # 29, Auburn, CA 95603

Independent living center/ advocacy for those with disabilities.

Warmline Family Resource Center

(916) 455-9500

2424 Castro Way, Sacramento, CA 95818

Support, training, and consultation to families of children from birth to 3 years.

Transportation

Placer County Transit

(530) 823-4030

299 Nevada St, Auburn, CA 95603

Public Transportation Information

Veteran Services

California Department of Veteran's Affairs

(916) 653-2573

1227 O St #300, Sacramento, CA 95814

Services, benefits and other resources for veterans.

Volunteers of America

(916) 448-5507

1400 A St, Sacramento, CA 95811

Housing assistance for elderly and veterans.

Veteran's Affairs National Hotline

1-800-827-1000

VA.gov

Sacramento Veteran's Center

(877) 927-8387

1111 Howe Ave #390, Sacramento, CA 95825

Services, benefits and other resources for veterans

This is ever changing guide. If you have ideas for new resources or changes to existing listings, please email kidsfirst@kidsfirstnow.org