



KidsFirst

FOREVER FATHERS

By Dads, For Dads



WEDNESDAYS SEP 7 - OCT 26, 2022 6:00PM-8:00PM

VIA ZOOM, DEVICE OR COMPUTER

PLEASE CONTACT KIDSFIRST@KIDSFIRSTNOW.ORG /916.774.6802 X 2000

Free 8-week course for dads and caretakers

A great time to talk about the hardships & challenges that

men may experience including:

anger, stress, depression, relationship problems & parenting skills

FUNDING PROVIDED BY Mental Health Services Act