

## Free parenting class for Parents of Teens



### Class Description:

Do you have a teenager? Join us for a free Active Parenting of Teens class. This is an award winning curriculum with engaging video and activities to help parents deal with real life issues.

### Topics include:

- Win your teens Cooperation
- Address Responsibility and Discipline
- Redirect Misbehavior
- Talk about Sex, Drugs, Violence
- Better communication
- College and Career discussion
- Have fun with your teen again!

### Class Details:

**Every Thursday for 6 weeks**

Dates: 10/7/2021 – 11/18/2021  
Time: 6:00 p.m.  
Place: Zoom Meeting  
link will be sent via email week of class



Funding has been provided, in part,  
by the County of Placer Mental  
Health Services Act.

To register for the class or to obtain more information please contact:

Carolyn Indreboe  
530-887-3536  
cindreboe@kidsfirstnow.org